

Fitness Night



Come join us for a night of free fun, fitness and a chance to win a **Fitbit!!!!**

Chasco Elementary School Cafeteria
February 23rd 6 – 7:30 p.m.

Here are some of the fun fitness activities and Community Partners that will be participating in our event:

- ✓ Martial Smarts
- ✓ Trinity Sports Complex
- ✓ Jump Rope Station
- ✓ ZUMBA
- ✓ St. Leo Sports Business Administration
- ✓ District School Board of Pasco County Food & Nutrition
- ✓ Department of Health in Pasco County
- ✓ Stretching Station
- ✓ Body Resistance Station
- ✓ Free Blood Pressure Checks by CareHere
- ✓ Boot Camp Mad Fitness
- ✓ Publix creative healthy alternatives for kids
- ✓ Healthy Snacks provided at no cost
- ✓ WAWA water

*Earn Green
Pride
Tickets*

*Fun and Exciting Fitness
Demonstrations by some of
our Community Sponsors*

Giveaways!!!!

*Bring the family and
wear your sneakers!!!*